



## *A Catholic Movement of Spirituality for Older Adolescents and Young Adults*

### NEWS RELEASE

FOR IMMEDIATE RELEASE  
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### **TEC CONFERENCE TO HOST COMMUNITIES OF FAITH AND FOLLOW-THROUGH WORKSHOP, JUNE 1-3, DIOCESE OF ST. CLOUD, MINN.**

*Training helps TEC communities develop faith formation, ministry partnerships, outreach to Church's young people*

(Little Falls, Minn.)...The TEC Conference is holding its next **Communities of Faith and Follow-Through (CF&F) Workshop**, June 1-3 at the Central Minnesota TEC Center in Little Falls, Minn. The three-day training event focuses on the vital role each TEC adult faith community plays in ministering to Catholic young people before, during and after each TEC weekend.



*Communities of Faith  
and Follow-Through*

Steve Polley, diocesan director of youth and young adult ministry for the Dodge City, Kan. sees great value in this workshop. "Participating in Communities of Faith & Follow-Through has strengthened our Dodge City TEC Center. For example, CF&F gave our community a clearer vision and purpose which helped us take a solid look at where we are. **The workshop also helped us identify the steps needed to build a stronger TEC ministry in our diocese,**" said Polley, who has served as a presenter on several CF&F teams.

Through Eucharist, prayer, round table discussions and multimedia presentations, workshop participants will gain the resources to:

- more effectively minister to the young people in their diocese
- become prayerful and discerning TEC leaders, not just doing leaders
- build partnerships both within their diocese and with other ministries
- live the Gospel and Paschal Mystery spirituality more powerfully

In 2004, the TEC Conference Spirituality Committee developed the workshop at the request of local leaders wanting additional training. To date, eight other workshops have also been held in dioceses across the U.S. "Communities of Faith & Follow-Through presents the complete vision of the TEC adult faith community – how it is formed and sustained, and the important role it plays in the lives of the young people TEC serves," explained TEC Conference Director Ron Reiter. "The **youth and young adults rely strongly on each TEC community as a source of follow-up and guidance** along their faith journey," he added.

The workshop cost is \$125 per person. To register, download the brochure online at [www.tecconference.org/Cff.htm](http://www.tecconference.org/Cff.htm) or contact Rev. Ken Opat, OSC, Central Minnesota TEC spiritual director, at (302) 532-4455 or [ken.opat@cmtec.org](mailto:ken.opat@cmtec.org).

TEC, a Catholic movement of spirituality for older adolescents and young adults, was founded in Battle Creek, Mich. in 1965. Focusing on the Paschal Mystery, TEC helps 8,000 young people each year deepen their relationship with Christ and discern their vocation within the larger Church. Today, the TEC Movement is active in 60 dioceses in North America and Europe.

### ***TEC<sup>®</sup> Conference***

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